



~ Maths in M4 ~

The students are learning the new math vocabulary which staff are implementing across the school.

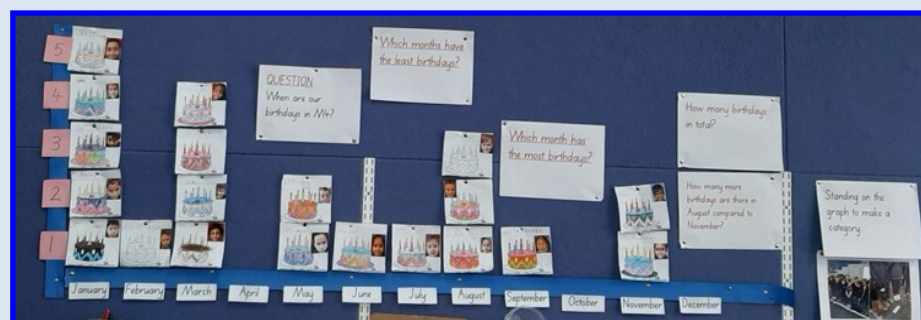
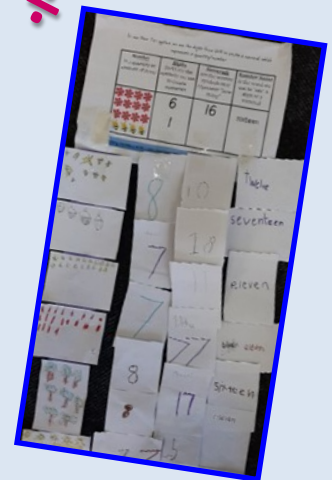
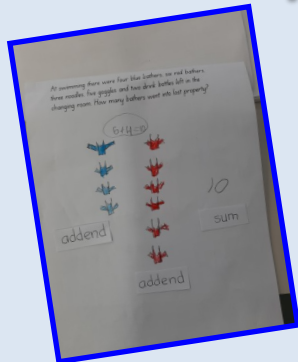
Some of our new words are equation, addend, numeral, and digit.

They are improving recall of number facts through fluency games that were suggested in our staff Professional Development with Lisa Jane from the Primary Mathematics Association.

Students have made piggy banks and are busy earning coins to buy ingredients for a pizza.

They are learning to recognize and order coins. They are skip counting in 5's and 10's to add coin collections.

Learning about data has included asking questions, collecting and displaying data and analyzing the data.



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PRINCIPAL'S MESSAGE

Dear Parents,

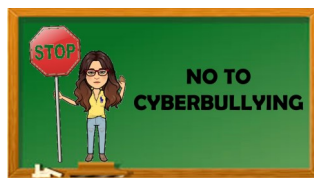
Recently, our students in the mainstream year 4-6 classes completed a **wellbeing survey** which provided us with a variety of information related to the wellbeing of our students. One of the questions related to the amount of sleep that the student had each night. Of the students surveyed, 34% indicated that they sometimes or regularly did not get an adequate amount of sleep each night.



The Department of Health—Australian Government states that getting good quality sleep is essential for healthy growth in children. Not having enough quality sleep can affect how children learn and can lead to poor growth, mood swings and behaviour issues. It is recommended that children aged 5 to 13 years old should get 9-11 hours uninterrupted sleep a night. To establish and maintain healthy sleep patterns, it is recommended that children have consistent bedtime and wake-up times, avoid screen time one hour before sleep and that screens (phones, computers, iPads, tablets or televisions) are kept out of children's bedrooms.

Information from the survey also indicated that 23% of students have experienced cyberbullying at some stage of the year. Information from the E-safety Commissioner states that cyberbullying is when someone uses the internet to manipulate or distress a child or young person. It can happen on a social media site, game, app, or any other online or electronic service or platform. It can include: posts, comments, texts, messages, chats, livestreams, memes, images, videos and emails and can include:

- Sending hurtful messages about them
- Sharing embarrassing photos or videos of them
- Spreading nasty online gossip about them
- Tricking them into believing they are communicating with someone else.



If your child discloses to you that they are experiencing cyberbullying or are having difficulties with online interactions you could:

- Listen without judging when they do talk – ask them how they feel and let them know you can understand why what they are going through is upsetting
- Help them to update the settings on their devices and accounts so they can control the people who can contact them or see what they are doing. They can also use their settings to ignore, hide or mute upsetting posts and comments – you can find helpful links in [The eSafety Guide](#) on www.esafety.gov.au
- Help them follow the steps for reporting harmful content to the online or electronic service or platform used to send, post or share it. Reporting links for most sites, games and apps can be found in [The eSafety Guide](#). If the cyberbullying is really serious and the service or platform does not remove the harmful content, help them to [report it to eSafety](#).
- Choose games and other apps carefully—use the eSafety's App Checklist for parents to think about the positives and negatives when your child asks to download a new game or app. The checklist covers things like age ratings, managing privacy settings and reporting abuse in-app. You can also use the safety guide to check and set up safety features with your child.
- Further resources are available for parents on the www.esafety.gov.au website to support families to reduce the risk of their children seeing harmful content or having unwanted and dangerous contact with strangers.



With Regards, *Lynette Simons*



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Getting started with parental controls in social media, games and apps



Many social media sites, games and apps now come with parental controls. The eSafety Guide has advice on safety features that can be useful for parents and carers, including how to use the settings to protect personal information and report online abuse.

Here are some examples of the parental control features included in popular social media, games and apps.

Roblox

Roblox is a game creation platform that allows users to design games, play together and chat. Using built-in parental controls, parents can manage the way their children use the game. These features include a 'restricted' mode that prevents access to chat and inappropriate games.

Find out more about Roblox safety settings in [The eSafety Guide](#) or Roblox [account restrictions](#).

TikTok

TikTok is a social media app for creating and sharing short videos. TikTok has a feature called Family Pairing that allows parents to link their Tik Tok account to their teen's account. Family pairing lets parents set controls like how much time their child spends on TikTok, the content they can see and their privacy settings.

Find out more about TikTok's safety settings in the [The eSafety Guide](#) or TikTok [for parents](#).

YouTube Kids

YouTube Kids is a filtered version of YouTube. Parents can create a separate profile for each child in their household. YouTube Kids uses a mix of automated filters, human review and parent feedback to limit the content that kids can see on the platform. Parents can also manually approve videos for their kids to watch, block videos and set screen time limits.

Find out more about YouTube Kids in the [The eSafety Guide](#) or [YouTube Kids](#).

Facebook Messenger for Kids

Messenger Kids is a free video calling and messaging app owned by Facebook. Parents can monitor their child's activity and control their contact list using a Parent Dashboard. Parents can sign up on behalf of their child, and it doesn't require the child to have Facebook account. Messenger Kids does not show advertising or offer in-app purchases.

Find out more about Facebook Messenger for Kids in [The eSafety guide](#) or [Messenger Kids](#).

Published 05/2021



END OF TERM 3 INFORMATION 29TH SEPTEMBER 2023



Casual Day – gold coin donation

Assembly will be at 9.00 am

Early dismissal—2 pm

**Uniform Shop will be closed over
the holidays**



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Term 3 Calendar

| | MON | TUE | WED | THU | FRI |
|-------|---|-------------------------------------|----------|---------------------------------------|---|
| WK 1 | 24/07/23 | 25/07/23 | 26/07/23 | 27/07/23 | 28/07/23 |
| | | | | | |
| WK 2 | 31/07/23 | 1/08/23 | 2/08/23 | 3/08/23 | 4/08/23 |
| | | | | | |
| WK 3 | 7/08/23 | 8/08/23 | 9/08/23 | 10/08/23 | 11/08/23 |
| | | Governing Council MTG 6.00 pm | | Way too Cool (Book Week Incursion) | |
| WK 4 | 14/08/23 | 15/08/23 | 16/08/23 | 17/08/23 | 18/08/23 |
| | ----- SCIENCE WEEK ----- | | | The Ned Show (Incursion) | |
| WK 5 | 21/08/23 | 22/08/23 | 23/08/23 | 24/08/23 | 25/08/23 |
| | ----- BOOK WEEK ----- | | | Fathers Day Stall | Principal School Tour 10.00 am |
| WK 6 | 28/08/23 | 29/08/23 | 30/08/23 | 31/08/23 | 1/09/23 |
| | ----- RECEPTION to YR 5 SWIMMING WEEK ----- | | | | |
| WK 7 | 4/09/23 | 5/09/23 | 6/09/23 | 7/09/23 | 8/09/23 |
| | SCHOOL CLOSURE DAY OSHC available | PUPIL FREE DAY OSHC available | | | |
| WK 8 | 11/09/23 | 12/09/23 | 13/09/23 | 14/09/23 | 15/09/23 |
| | | Governing Council MTG 6.00 pm | | | |
| WK 9 | 18/09/23 | 19/09/23 | 20/09/23 | 21/09/23 | 22/09/23 |
| | | | | | |
| WK 10 | 25/09/23 | 26/09/23 | 27/09/23 | 28/09/23 | 29/09/23 |
| | | | | | End of Term 2 Early Dismissal 2.00 pm |

Intensive English Language Program (IELP) News

Dear Families,

We welcome all our new students and families to East Torrens PS. I hope they enjoy their time with us. Due to ongoing enrolments we started our 9th class in week 7. Merridy Rokobaro will be in M9A teaching the new Year 3/4 class.

Look forward to getting to know all our new families.

Kind regards,
Yiota Chronis
IELP Senior Leader



Reception (M10)
Virginia Wong

Year 2 (M7)
Tripti Dey

Year 3/4 (M9A)
Merridy Rokobaro

Samuel Z

Reception/Year 1 (M8)
Joanna Kontos

Year 2/3 (M6A)
Chamila Chandresena

Year 5 (M6)
Ravinder Kaur

Artur S
Nolan S

Emilie O
Leila S
Mahlet Y

Year 1 (M9)
Athan Kontos

Year 3/4 (M3A)
Rebecca Graves

Year 5/6 (M5)
Kathy Papas
Shashi Jain

SAPSASA News

On Tuesday the 12st of September, three of our top athletes travelled to the Mile End Athletics Stadium to represent the Torrens River District at the State Metropolitan Athletics day.

Zahra and **Jeen Shuen**, from C21 and **Andre**, from C19 took part in the events that they qualified for during the athletics program when they represented East Torrens PS in week six.

Zahra took part in the 12-year female **discus** where she threw very close to a PB—which is what all athletes strive to do during competition.

Andre was given a wild card into the 11-year male **high jump** and he too came very close to his Personal Best height.

Jeen Shuen was entered into the 12-year female **shot-put** and her best throw was strong enough to secure second place.

Well done to all three East Torrens' athletes.



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WELLBEING NEWS

Hello again,

After a lovely weekend of Spring weather it is timely for a few reminders.



At our assembly last week we reminded all the students about the importance of wearing a hat while out playing at recess and lunch. Our school has a No hat, No play policy. Please ensure your child has a hat, whether they bring it each day or leave it in their classroom.

If your child needs a new hat, they can be purchased for \$15 at the uniform shop Tuesday mornings 8:30am—9:30am and Thursday 2:00pm—3:00pm. Also, make sure their name is clearly written on the inside.

We thank you in advance for your support with this matter. We do not want student's missing out on their play due to not having a hat, but we also want them to be Sun Smart.

Next term the School Dental Van will be making it's annual visit to our school. The Dental van will be at East Torrens in the first 2 weeks of term. Each student will bring home a form that must be completed, including your Medicare details and returned to school NO LATER THAN Monday the 25th September if you would like them to see the dentist. This is a free service for families who have a Medicare card. This is a great opportunity to get your child's teeth checked whilst not having to take time out of your schedule.



Another shout out for old pots n pans, baking trays, muffin or cake tins etc. We are also looking for old metal spoons. These things are wonderful for our Nature play area. If you are doing a spring clean over the school holidays please think of us and bring them in to the nest. They will be well used.



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WELLBEING NEWS

CONTINUED

On Thursday it was wonderful to see so many of our students and staff wearing yellow for R U OK? Day. Throughout the day students discussed what they can do to support others. It was a great way to remind ourselves that checking in on someone may be the difference. Walking around the school it was so good to hear students asking each other if they were Ok. R U OK Day is one day to start a conversation but it is important to remember this is just the start. Use these four steps and have a conversation that could change a life:

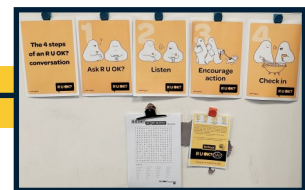
RUOK?TM
A conversation could change a life.

Ask R U OK?

Listen

Encourage action

Check in



As we are heading into the next lot of school holidays I wish you and your family a lovely break. Spring is certainly here and with Day Light Savings about to begin it is a great time to spend it with loved ones. I look forward to seeing you all in term 4 with more exciting events and wonderful learning.

Trudy Piro



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Finance Matters



School fees are now overdue.

Dear Parent/Caregiver,

The due date for the payment of school fees was the 30th of April, 2023.

**We still have a significant amount of fees outstanding.
Account Statements were sent home to families last week.**

**As a last reminder, a text message will be sent home this week,
followed up by a phone call.**

Please make your payment/s as soon as possible.

Please contact the Business Manager on **83371411** or
email dl.0971.finance@schools.sa.edu.au
if you have any questions or require assistance.

Kind regards,
Kavita Mer

**If you are eligible for School Card, please submit your
2023 application as soon as possible.**



**School Card is not an automatic process
and a new application
is required every year.**

**Please visit sa.gov.au/education/schoolcard
to complete the online School Card application**



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Did you know we have a  facebook group?

The group is private to accepted members only.

(Acceptance to the group is determined by the relationship that the person requesting to join has to our school).

The group is for sharing information and images from various events and general happenings at East Torrens Primary School.



If you would like to join, please search for East Torrens Primary School group, request to join and answer the required questions, making sure you include your child's name in question 2.

Please note the group is not a primary method of distributing important information; this will continue via the Audiri App.

Opening Hours Update

The *Swap & Share* will be operating out of *The Nest* on Thursday afternoons between 2pm - 3pm

Swap & Share



Second Hand Uniforms



Bring in your old school uniforms to **swap** with other second-hand sizes.



And, if you don't need your uniforms any longer, donate them to be **shared**.



If you would like a second hand uniform and you don't have any old uniforms to swap, then you can **donate a gold coin** instead.



The **Swap & Share** will be operating out of

The Nest on Thursday afternoons between 2:00 pm - 3:00 pm.



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Entertainment

East Torrens Primary School is pleased to be promoting the [Entertainment Memberships](#) as a fundraiser.

Support our fundraising and enjoy 100s of everyday savings!

Entertainment is an easy-to-use App packed with incredible savings of up to 50% off and 2-for-1 offers, so you can save on takeaway, dining, shopping, groceries, gift cards, activities and more!

And what's even better, 20% of every [Entertainment Membership](#) purchased goes to support East Torrens Primary School!



Just a friendly reminder:



The Robson car park is only for families that have a parking permit. Please do not park in either of the car parks.

Many thanks!



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SCHOOL HOLIDAY PROGRAM OCTOBER 2023



Childrens Programs (Ages 3-12)

SA Rocks! Paint a Rock

All school Holidays

Paint a rock and add it to the rock garden- or plant it in a public garden for other's to find!

All Ages | FREE | Drop in

Crafternoon

Tuesday 3 October 1-3pm

Craft your 'noon away! A range of crafts available for all ages.

All Ages | FREE | Drop In

PG Movie

Wednesday 4 October 1-3pm

Relax and enjoy a new animated release with beanbags, BYO snacks.

All Ages | FREE | Bookings Essential

Animals Anonymous

Friday 6 October 11am-12pm

Meet some furry and scaly friends!

Primary Years | \$5 | Bookings Essential



Lego lounge

Saturday 7 & Sunday 8 October – Library Opening times.

All kinds of legos! Mega Blocks for the little ones.

All Ages | FREE | Drop in

Sciworld Spectacular Show

Monday 9 October 11am-12pm

Explosions, rockets, fire and some amazing demonstrations!

Ages Primary Years | \$5 | Bookings Essential



Felting a Scarf

Tuesday 10 October 11am-12.30pm

Enjoy the fun of wet felting- wear old clothes.

Ages 9-13 | \$5 | Bookings Essential



Slime Time

Thursday 12 October 1-2pm OR 2-3pm

Make 2 slimes, crunchy, butter, floam or slushie?

Library Makerspace | Wear closed-in shoes and old clothes

Ages 8-12 | \$5 | Bookings Essential



Touch a Firetruck

Friday 13 October 10.30am-11.30am

Learn about basic fire safety and get to touch a firetruck!

Younger children may not book in due to safety considerations.

Ages 4-8 | FREE | Bookings Essential

Emelia makes: Origami

Saturday 14 October 11am-12pm

Learn to make origami with our friendly staff member Emelia!

Ages 10-13 | FREE | Bookings Essential



Children's University Validated Session.

For registration details please turn over.

SUMMER FOOTY

6 WEEKS ONLY
EVERY MONDAY NIGHT
COST: \$75
NEW & EXPERIENCED PLAYERS
WELCOME
SKILLS, DEVELOPMENT & LOTS
OF FUN!



Hectorville Football Club
Daly Oval- 31 Fisher St, Magill



**23RD OF OCTOBER -
27TH OF NOVEMBER**

GIRLS - AGED 6-15 5PM TO 6PM
BOYS - AGED 6-13 6:15PM - 7:15PM
MIXED GROUPING AVAILABLE!

Scan QR Code to register



REGISTER NOW!

AFL SUPERKICK

6 WEEKS ONLY
EVERY TUESDAY NIGHT
4:30PM - 5:30PM
COST: \$50
SCHOOL YEARS 2-6
20 MIN CLINIC + 40-60 MIN
GRID GAMES
MIXED & FEMALE ONLY
GROUPS AVAILABLE



Hectorville Football Club
Daly Oval- 31 Fisher St, Magill



**24TH OF OCTOBER -
28TH OF NOVEMBER**

Scan QR Code for more info!

